



How Parents Can Help Their Students Succeed

Thank you to all the parents who attended Parent Teacher Conferences. By taking time out of your busy day to meet with your child's teachers, you have shown your child the importance of school, and your commitment to helping him or her succeed. Studies have shown that communicating regularly with teachers helps children succeed, and is among one of many factors that parents can do to help their students.

According to the U.S. Department of Education, in addition to brains and books, the parent plays a large role in ensuring a child's academic success. This means helping your child perform at his or her best, both physically and mentally. By emphasizing healthy choices and good study habits, you can help your child succeed in school.

Caring for your child's physical needs is an important aspect of student success. This means making sure your child gets plenty of rest each night and eats healthy snacks and meals. A healthy lifestyle will provide the energy needed to perform. Plenty of whole grains, protein, fruits and vegetables will give your child a good start, according to the U.S. Department of Education.

Establish a comfortable place where your child can sit and study. Minimize distractions, such as the television or loud music. Check on your child regularly to ensure assistance is not needed. While concentration is important, encourage short breaks if studying exceeds 45 minutes or an hour.

You can teach your child to be a good student by fostering a love of reading and making learning fun. If your child is younger, curl up in a comfortable chair and read some favorite books together. As your child gets older and reads independently, ask questions about what is being read, show interest, and engage in dialogue.

Healthy habits can be established early and adapted to fit the individual child. InshaAllah, the parents, the teachers, and the students can work together to help each one of our children succeed in this duniya and in the akhira.

REMEMBER

- SCHOOL STARTS AT 8:25
- ALL STUDENTS IN KINDERGARTEN—4TH GRADE ARE EXPECTED TO BE IN UNIFORM MONDAY—THURSDAY AND IN ISLAMIC APPROPRIATE CLOTHING ON FRIDAY.
- IT IS WINTER, BE SURE YOUR CHILDREN ARE DRESSED WEATHER APPROPRIATE.

NO SCHOOL
DECEMBER 23 - JANUARY 2
WINTER RECESS

&
NO SCHOOL
JANUARY 16
DR. MARTIN LUTHER KING JR. DAY

PTO UPDATE

MashaAllah Iqra's PTO has been very active this year. They have provided Eid gifts to all the students, Islamic Studies rewards, maintained a bookstore and bazaar at the school, helped host the Health Fair, done art projects with classes, hosted an Eid bazaar for the community, and provided hot lunches each Friday for sale, amongst many other things. However, to maintain many of these activities and successfully do many more planned, they need help.

The PTO functions to support the school and the students, and to do so the parents and community have to step up. If you would like to help in preparing lunches, chaperoning on field trips, or helping in classrooms, the PTO would like to hear from you. If you cannot give your time, please look over the wish list on the back of this newsletter to see what items you can donate or help the PTO in acquiring for the school.

JazakhAllah Khyrun

Iqra Academy of Utah admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

UPCOMING LUNCH MENU

December 9th

Chicken Biryani

Veggies and Dessert

December 16

Baked Chicken

Rice and Pudding

January 6

Parents,

January 13

This is where your help is needed. If you can cook for up to 25 people please let us

January 20

know so we can plan lunches for the month of January.

January 27

Lunches are \$5 and are available to all students, parents, and community members. Pre-paying is always appreciated to ensure sufficient quantities. And as always we do our best to ensure that no part of the meal is in violation of halal/zabiha guidelines. If you have any questions or want to volunteer to cook or provide product, please contact any member of the PTO or Iqra Administration.

Thank You to XMISSION
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WISH LIST

Some of the items we need are more dire than others, but inshaAllah any item given, or any money given to purchase an item will be used in the manner it is intended. May Allah swt reward you for your generosity. Ameen.

DAILY SNACKS
TISSUE BOXES
PAPER TOWELS
TOILET PAPER
LETTER SIZED OFFICE PAPER
CARD STOCK
LARGE CONSTRUCTION PAPER
CLEANING SUPPLIES (SUCH AS TOILET BOWL
CLEANER, DISINFECTING WIPES)
GARBAGE BAGS (SMALL AND LARGE)
BABY WIPES
HAND SANITIZER
ZIPLOC BAGS
CAFETERIA STYLE TABLES
ART/CRAFT SUPPLIES
EDUCATIONAL COMPUTER GAMES
NEW(ER) COMPUTERS
DIGITAL CAMERA
MICROSCOPES
OVER HEAD PROJECTOR
NEW DICTIONARIES
PLAY EQUIPMENT
TELESCOPES
CUSHIONED MATS FOR THE GYM

Iqra Academy benefits from Box Tops for Education. You can find the Box Tops logo on many items you purchase everyday. For every box tops logo you cut out and turn in to the school, Iqra gets 10 cents. So please send yours in today!



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